

Rose Lodge Care Home

Specialist Dementia Care In Exmouth & Devon



*Give your
loved one the
gift of a safe,
secure and
fulfilling life
at Rose Lodge
Residential
Care Home*

Imagine the peace of mind you'll feel knowing that your loved one is getting the best possible care in a supporting and understanding environment. Located in the delightful seaside town of Exmouth, Rose Lodge is the perfect home for those needing Dementia care to experience a higher quality of life.



Relaxing in the lounge

Specialist Dementia Care In Exmouth and Devon

Rose lodge provides long term residential and short term respite care for those living with dementia. Whether it's time to look for permanent accommodation for your loved one or you just need a short break from caring to rest and recharge your batteries we can help you.

Your Most difficult Decision

When you're caring for someone with dementia it can be tiring and often very distressing. Coping with someone whom you have known and loved for years but who now may often fail to recognise you can be desperately upsetting and difficult to deal with.

Add to that the need for constant support and it's easy to feel overwhelmed.

In this situation moving into a specialist dementia home like

Rose Lodge is actually the best way for you to give your loved one the best possible quality of life.

Here's why.

Specially Equipped To Deal With Dementia

With dementia your loved one will view things differently to you. They may easily become disorientated and confused by everyday objects that no longer seem familiar. As a result simple tasks can become a major source of agitation and even anger.

Rose Lodge is laid out and decorated specifically to overcome these issues and make life easier and clearer. For example, the special carpet and navigation signs help make moving around much easier, while tables and chairs use distinctive contrasting colours to aid recognition.

Your loved one will therefore feel more comfortable and relaxed and will be able to get maximum enjoyment out of their life in a therapeutic environment.

Great Facilities To Enjoy

At Rose Lodge living with dementia does not have to mean doing without your comforts.

The home is located in the delightful seaside town of Exmouth and has ample room for 25 residents in 23 well appointed and decorated rooms.

We'd love you to bring your own personal mementoes, treasures and small items of furniture to make you feel truly at home.

Keeping in contact is important so you can have your own telephone installed in your room if required. The home has a TV in the living room and you're welcome to bring your own with you to view in your room.

The building itself is full of character and is set in its own secluded and secure grounds in a quiet residential area.

The garden has a terrace area where you can sit and enjoy the sunshine or read and relax. You can also have fun watching the frequent visits from our friendly local squirrels and birds who come to feed from the bird tables and feeders, or enjoy the raised flower beds and do some gardening yourself.

Inside there is a large spacious living room where you can join in with the community and chat with friends. Or if you prefer to be alone a smaller living room is available where you can sit and relax



Our Local Friendly Squirrel

and enjoy some peace and quiet. You can of course retire to your own room whenever you wish.

A highlight of each day is meal time in the dining area where we serve wholesome and delicious home cooked food. All tastes are catered for and if you have any special meal or dietary requirements just let us know and we'll try to accommodate your needs.



Everyone Loves The Weekly Choir

Fun & Engaging Activities

Your loved one will no longer be experiencing the world in the way that you do. Connections between objects and actions that we all take for granted can easily become a major source of puzzlement and frustration when you have dementia.

Therefore, to keep their life as engaging and fulfilling as possible, we try to see life from their perspective and discover activities that are meaningful to them, bring them joy and happiness and promote their independence.

They can take part in entertaining things like drama fun and the pub quiz and crafts like flower arranging and knitting. These regularly provide great enjoyment. However, the one activity that is universally loved is our weekly choir.

Here we all sing along to old songs of the wartime era of the 40's and 50's and have a great time. This

is especially therapeutic as virtually everyone retains the ability to remember songs and singing releases the endorphins that make us happy.

Caring & Compassionate Staff

It takes a special kind of person to dedicate yourself to the care and wellbeing of others. We are extremely proud of the commitment and compassion our staff demonstrate on a daily basis.

We train all our staff to the necessary NVQ levels, but we aren't content to rest on our laurels. In late 2009 our standards of care were assessed as 'good' by Jackie Pool Associates (Acknowledged Dementia Care Experts).

However, our aim is to achieve an 'excellent' rating so this year we have implemented a range of additional training. This includes the introduction of a new four-day Person Centred Care training programme for all staff.

What To Do Now

We can offer your loved one a physical and social environment that is specifically designed for living with dementia and which is beyond the means for most people to provide at home.

We hope you'll feel as we do that moving into a specialist dementia care home is a positive step forward and will give your loved one the best possible chance of enjoying a happy, active and carefree life.

If you'd like a confidential chat to discuss your requirements in more detail or to arrange a visit to come and look round the home please call us today on 01395 227071 or e-mail manager@roselodgecarehome.co.uk

We look forward to meeting you.



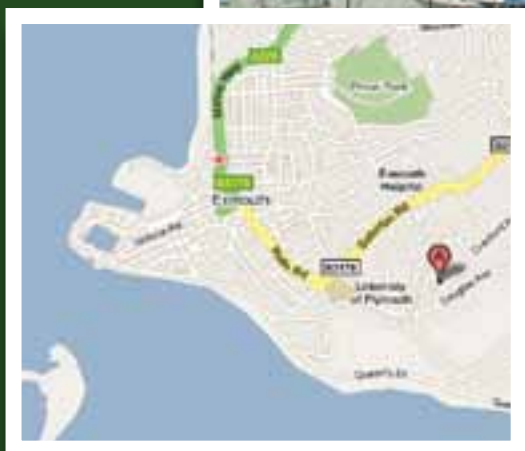
Garden Terrace At Rose Lodge

Rose Lodge is located in the beautiful seaside town of Exmouth in picturesque Devon. Local transport links are excellent and, being a popular retirement resort, there is ample local accommodation should you wish to stay over during a visit.

For further details please contact the home manager on 01395 227071 or feel free to visit us anytime to have a look around and chat about your requirements. We'd really love to hear from you.



Boats at Exmouth



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